

Arborview Counseling, PC
Professional Practice Policies
Nicole Taulbee, MA, LPC(MI), LLP(MI), LMHC(IN)
Kurt Taulbee, MA, LLP(MI)
Office and Online Session

Online Only, Niles, MI 49120 or 6910 N. Main St, Suite 12H, Granger, IN 46530
866-845-4026/866-804-4240(fax)

Counseling Services

Counseling is not easily described in general statements. It varies depending on the personality of the patient and the therapist and the particular problems which the patient brings. Psychotherapy can involve the assessment and treatment of people with emotional, mental, behavioral and adjustment problems, It is based on psychological theory and research. Therapy may be as brief as a few visits or as long as several years. Decisions regarding the duration of treatment are influenced by the needs of clients and the clinical judgement of the therapist and are reached by mutual agreement. There are a number of different approaches which can be used to address the problems you are experiencing.

Our approach is aimed at clarifying your concerns, establishing a collaborative therapeutic relationship, developing a plan for reaching therapeutic goals that we formulate together, and evaluating progress. In order to be most successful, you will have to work both during and outside of our sessions. Therapy is not for everyone and we will work together to discuss its effectiveness for you. Our first few sessions will involve an evaluation of your needs. By the end of the evaluation, we will be able to offer you some initial impressions of what our work will include and an initial treatment plan, if you decide to continue. Therapy involves a commitment of time, money and energy, so you should be very careful about the therapist you select., You should evaluate this information along with your own assessment about whether you feel comfortable working with us. If you have any questions about the procedures, please discuss them as they arise, If your doubts persist, we will be happy to help you to secure an appropriate consultation with another mental health therapist.

Risks and Benefits

Counseling has benefits and risks. Risks may include experiencing uncomfortable levels of feelings like sadness, guilt, anxiety, anger, frustration, loneliness and helplessness. Therapy often requires recalling unpleasant aspects of your history. Therapy has also been shown to have benefits. Some benefits may include a reduction of feelings of distress, better relationships and resolution of specific problems. There are no guarantees about what will happen.

Office/Online Sessions

The frequency of sessions will be based/set at a mutually agreed upon time based on your needs.

Cancellation Policy

A 24-hour notice of cancellations and/or to reschedule is required. If you must cancel/reschedule an appointment, please let us know as soon as possible either by email, phone, text or through the appointment app. As this time has been reserved for you, a lack of 24-hours notification and/or not showing for your appointment will result in your account being charged a late cancellation fee of \$55.

Emergency Service

Emergency services are limited and availability cannot be guaranteed. Another therapist may, upon request, provide urgent services when I am unavailable. It is recommended that if you believe that you will need frequent emergency services we can help you find an agency that will better suit your needs. In the case of an emergency, you should immediately go to the emergency room at the nearest hospital or call 911.

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Professional Fees

Our hourly fee is \$160 for the initial session and then \$135 for 60 minute sessions and \$115 for 45-50 minute sessions for each subsequent session. Marriage and Family sessions are typically 60 minute sessions. Payment is expected at the time of the session(cash, credit, HSA/FSA and check are accepted). For your convenience payments may be made online through the website(www.arborviewcounseling.org) or through paypal(ntaulbee@arborviewcounseling.org).

Other fees may include the same hourly charge for professional services which you request or authorize, such as preparation of records or treatment summaries for various matters. This fee is not billable to insurance companies and will be your responsibility. In the unusual circumstances, you may become involved in a litigation which may require my participation. You will be expected to pay for the professional time required even if we am compelled to testify by another party. Because of the difficulty and complexity of legal involvement, we charge \$250 per hour(plus travel expenses, if needed) for preparation for(including treatment summaries) and attendance at any legal proceeding.

Counselor Experience

Nicole is a Nationally Certified Counselor. She received her Masters degree in Community Counseling from Andrews University and has completed additional schooling toward a doctoral degree in Counseling Psychology. Nicole has experience with individuals (adults, adolescents and children), couples, families and groups. She has given presentations on divorce, acting-out behavior, self-esteem and bullying. She has been in the field for over 20 years. Nicole is accepting new clients for online therapy and in her Granger, Indiana office.

Kurt is a Limited Licensed Psychologist and a Nationally Certified Counselor. He earned his Master's degree from Andrews University and has completed additional schooling toward a doctoral degree. Kurt works with individuals and couples. He has given presentations on the following topics: parenting skills, divorce, acting-out behavior, and stress management. He is now accepting online clients only.

Additional Concerns

If at some point during or after therapy there becomes a problem, please address this directly with us first. If you believe that there was no progress made you may file an official complaint to the address that follows at:

Michigan Department of Licensing and Regulatory Affairs
Bureau of Professional Licensing
Investigations & Inspections Division
P.O. Box 30670
Lansing, MI 48909
517-241-0205

State of Indiana
www.in.gov/pla

State of Florida
Floridahealth.gov

If you have any questions about these Practice Policies please ask prior to signing the Consent Form.